

Developed by the Independent Living Resource Center, San Francisco, California

# Disaster Tips for People with Visual Disabilities

The more you prepare for earthquakes or other disasters the more you will be able to protect yourself, your family and your belongings.

### **Canes**

- If you use a cane, keep extras in strategic, consistent and secured locations at work, home, school, volunteer site, etc., to help you maneuver around obstacles and hazards.
- Keep a spare cane in your emergency kit.

# **Alternate mobility cues**

- If you have some vision, place security lights in each room to light paths of travel. These lights plug into electric wall outlets and light up automatically if there is a loss of power. They will, depending on type, continue to operate automatically for 1 to 6 hours and can be turned off manually and used as a short-lasting flashlight.
- Store high-powered flashlights with wide beams and extra batteries.
- Plan for losing the auditory clues you usually rely on after a major disaster.
- Service animals may become confused, panicked, frightened or disoriented during and after a disaster. Keep them confined or securely leashed or harnessed. A leash/harness is an important item for managing a nervous or upset animal. Be prepared to use alternative ways to negotiate your environment.

# Label supplies

■ If helpful, mark emergency supplies with large print, fluorescent tape or Braille.



Web site: www.emd.wa.gov 253-512-7000; (800) 562-6108



Web site: www.doh.wa.gov 360-236-4027; (800) 525-0127

# **Secure computers**

Anchor special equipment and large pieces of furniture, such as computers and shelving. Create a computer back-up system for important data and store it off site.

# **Advocacy issues**

Advocate that TV news not only post important phone numbers, but also announce them slowly and repeat them frequently for people who cannot read the screen.